



Delaware Military Academy

October 22, 2018

Good morning Seahawk Nation,

Welcome to College Application Week! This week is filled with helpful and important information regarding the application process, financial aid and all the details necessary to make informed decisions as to what school may be the right fit for you!

Here is your Intel report for the week:

- ❖ Open House is this Saturday from 9:00am to 12:00pm. Please share this information on your social media accounts. The more the merrier! Thank you to everyone who has volunteered to help or is dropping off refreshments.
- ❖ Our Annual DMA Fundraiser is underway and the donations are beginning to filter in. If you have yet to contribute, please add it to your “to do” list. You can also make your donation directly online. Simply log on to www.demilacad.org and click on the DMA Annual Fundraiser to select your giving amount. As you know, we strive to make DMA a safe, aesthetically pleasing campus for our cadets and families and your contributions directly affect that effort. Thank you in advance for your support.
- ❖ Special thank you to John Amery of Ultimate Sports who once again donated his services for the Annual DMA Anchor Down 5K. John has been very generous with his time and runs a very organized 5K. If anyone is ever planning a 5K, John Amery is the guy! Thank you also, to Bill Saffici, Mark McGhee, Stacy Wenner, all of the Sports Boosters and our Cheerleaders for your support of DMA Athletics. Your time and dedication is truly appreciated.
- ❖ Twenty-two of our 9th through 12th grade cadets attended a field trip to the United States Naval Academy last Thursday. The cadets had the opportunity to meet with admission reps, tour the campus and hear first-hand from our DMA alumni. It is always nice to hear directly from the alumni about what they should be doing now to prepare for the service academies. There will be a spring trip for interested cadets to the United States Coast Guard Academy and United States Merchant Marine Academy.
- ❖ A message from Sick Bay: With the flu season among us, I wanted to provide some information about influenza (flu), preventative steps and symptoms to be aware of. Make sure you cover your nose and mouth with a tissue when coughing or sneezing. Hand washing with soap and water or alcohol-based hand sanitizer is very important! Avoid touching eyes, nose, and mouth to prevent the spread of germs. Avoid close contact with sick people. The CDC recommends to stay home for 24 hours fever free (without use of fever-reducing medications), except to receive medical treatment. Symptoms of the flu

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are: fever, cough, sore throat, runny or stuffy nose, body aches, headaches, and fatigue. Some may experience vomiting and diarrhea also. Please rest and drink plenty of clear fluids to prevent dehydration with the flu or any virus. Please keep your cadet home if he or she has... a temperature >100 degrees in the past 24 hours, vomited or had diarrhea in the past 24 hours, and/or a severe sore throat, cough, chest congestion or nasal drainage that is persistent. Once your cadet is 24 hours fever free without the use of fever-reducing medications, he or she can return to school. It is very important to get the flu vaccine, not only for yourself, but to protect others also. Stay healthy!

- ❖ Sports Report: Winter Sports Meet the Coaches Night is Monday October 29th at 6:30pm in the Mess Hall. All athletes and families interested in participating in a winter sport should attend. As the weather starts to cool, the fall sports action is heating up. As all of our programs make a push for the post season, please make sure you come and root on our teams.
 - The Field Hockey team is 7-5 and very much in the hunt for a post-season invitation. They have two big games this week. They travel to MOT Charter on Tuesday and then we take on Charter at home on Thursday. The Charter game is also our DMA Senior Day. Please come out and support our seniors! Good luck ladies!
 - Cross Country participated in the Joe O'Neill Invitational and did a great job. The Boys finished 11th out of 30 with all runners finishing under 19:00 minutes. The girls' team was 12th out of 27 with several girls running personal bests. Congratulations. The team is excited to compete in the DSAC Championships this Thursday afternoon at Bellevue.
 - The soccer team is also fighting for a post-season berth. They are 6-4-2 and take on St. E's away on Tuesday followed by home against Caravel on Thursday. Good luck!
 - After two dominating victories last week, the volleyball team is now 8-5. They take on Smyrna at home Tuesday night for DMA's Senior Night. Come out and support the team and the seniors as they work towards a playoff invitation. Good luck!
 - Our Varsity Spirit cheerleading squad is performing at the JV Football game today at St. Marks. Good luck ladies and have fun!
 - The football team defeated rival St. Mark on Friday night and are now 4-3. They play First State Military Academy this Saturday night at Baynard. Good luck team! Please support all of the Seahawk teams by attending their contests! Seahawk Nation Anchor Down!

We hope you have a great week and look forward to an excellent week with the cadets!

Kind regards,

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Anthony Pullella
Commandant

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