



The DMA Scuttlebutt

Winter 2017 Volume 1 Issue 2

Updates from Student Government

By Erika Hoosier

The 2017- 2018 student government led by President, Jimmy Sidlowski and Vice President, Mia Rago has kept the entire DMA community entertained, informed, and happy leading up to winter break! Jimmy took some time to inform us of all the exciting events they planned for DMA to take part in in anticipation of our upcoming winter break. The student body was able to participate in tree decorating contests, buy goods at the hot chocolate & bake sale, purchase candy-grams for friends, take part in a wrapping contest, and, of course, break out the sweaters for Ugly Sweater Day! In the weeks following break, the student government also plans to have a Winter Sports Pep Rally and hold a Winter Dance. When asked about goals for the end of the school year Sidlowski says he hopes he and the rest of the student government can leave a legacy at DMA which can, in part, be expressed by “raising money to buy a great senior class gift to pass on to the following classes.”



The Annual Dining In

By Emily McKenna

On November 30th, the 2017/2018 Dining In took place, making a memorable night for cadets and teachers, filled with good food, great friends and excellent dancing! The Dining In is one night out of the school year where classmates and teachers can share a



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meal together, talk, reminisce, and most importantly, remember those who have helped them reach where they are today. The night opened with a prayer recited by Zach Love and continued with narration done throughout the night by Lexi Johnson. The opening ceremonies were then followed by a toast and special guest appearance of “Big Mama,” or as we know him by day, Senior Chief Williams, who always has an elaborate surprise planned for all the guests! Upon the conclusion of Senior Chief’s appearance, Class President Jimmy Sidlowski’s favorite part took place, “[My favorite part was] when Chief K slammed the gavel and yelled for us to go get dinner!”

During dinner, the second guest appearance was made by former DMA cadet, Anthony Peters. Anthony, who is now a Lieutenant in the Army in addition to being an Electrical and Mechanical Engineer, came to the Dining In and was generous enough to share some words of wisdom with the DMA cadets. He spoke of the importance of applying yourself and putting your best foot forward, not only in school but also out of school too. Developing, maintaining and utilizing these habits will not only promote academic success but also shape you as a person and indirectly give you the drive to succeed in all aspects of life. The night closed with everyone dancing together in the Hall, sounds of chatter and laughter filling the room. It is safe to say not only did every leave the Dining In with a full stomach, but also a full heart as memories and friendships that will last a lifetime were created and celebrated on this wonderful night.

Mr. L’s Winter Driving Tips

By Kevin Santner and Keith Jewell

- “Watch for ‘Black Ice,’ keep two car lengths behind cars... even at stop signs and lights”
- “Always watch for the other driver, scan ahead 10 car lengths.”
- “Wearing a seatbelt saves lives - PERIOD.”
- “Please don’t text and drive. It Can Wait!”
- “Always stay alert when behind the wheel, avoid distractions.”

Every year at DMA, the sophomores take their Drivers Ed course, a different group every marking period. Every group has the pleasure of being taught by the instructor, Mr. Lingenfelter. Often referred to as simply Mr. L, he has taught many groups the ways of the road, and made many wonderful drivers. Before he came to DMA, he taught in middle school social studies, something many of his students are not aware of. When asked why he decided to move to his new course, he replied “I wanted to teach in high school, and have a real-life impact on the students. As much as I loved teaching 8th grade American History, it was time for me to try something new with a different age group.”

As for what he likes about being a Drivers Ed instructor... “I love working 1-on-1 with students and showing them how to be safe on the road, building cadets’ confidence behind the wheel so they can feel comfortable when they drive on their own.” Of course, such a big change offered its challenges, but Mr. L handled it well: “The biggest challenge was developing a Drivers Ed curriculum from bottom to top that would keep students engaged and on task. That challenge was met within my first year at DMA. My class management and student connection was already in place - those things don’t change from one content area to another, or one grade level to another.” Mr. L has been teaching here for a good amount of time, teaching many different groups of sophomores. According to him, “the sophomores tend to be very self-motivated. This year’s sophomores have benefitted from my ‘Mountaintop Speech,’ and are now very motivated.” We look forward to seeing how this group ends up, and how other future groups match up to this one.



Mr. L - enjoying the opportunity to teach students how to drive.

Fan Central

By Bryanna Garvey and Kiera Barricks



Winter Sports

Boys Basketball

The Boys Basketball team came into this season with a very optimistic mindset. They are hoping to have a better record than last year. The team has already had a lot of big games, including the DSAC Tip-Off Classic, in our brand new dome, and are looking forward to the senior game against MOT Charter on January 30th.

Girls Basketball

The girls are hoping to have a strong season this year and work more as a team. They made it to the state tournament last year but are hoping to get even further this year. They have a manageable schedule this year, and are going into the season with a positive mindset. They started the season with a close win against Delcastle. Some of their big events include the Diamond State Classic on December 30th, and Senior Night against Wilmington Friends on February 15th.

Indoor Track

Track has high hopes for this upcoming season and as a team they have many goals. The team would like to make it to states again, like last year. They have a lot of strong runners on the team this season and have a lot of confidence. The team had a successful meet at Ursinus College on December 9th,

and went to New York on December 16th for a meet at the Armory where the team improved their times for their races. Many runners are hoping to make the season finals. An important upcoming meet is the Ocean Breeze Invitational in New York on January 27th.

Wrestling

Wrestling recently competed in the Yellow Jacket Invitational, the team got second place overall. These invitational meets consist of 20+ teams, making it a huge success placing in the top three. Many big things are coming for the DMA Wrestling Team. Stay tuned...

Hockey

Ice Hockey started off their season with a great attitude. They won the first game of the season against Oxford with a score of 19-10. After that amazing game they won 2 more games. Looks like the Hockey Team will have a very bright season ahead of them.

Swimming

The DMA Swim Team has a lot of talent going into the season, with several returning athletes being chosen for state teams last year. They have been working hard at practice to achieve their goals for the season. They have meets against rival Conrad on January 24th, and Archmere on February 2nd. Both the Boys and Girls teams had their first meets and first wins against Caravel Academy on December 5th.

A Day to Remember

By Erika Hoosier

Pearl Harbor is a naval base in Honolulu, Hawaii that on December 7th, 1941 suffered a devastating attack initiated by Japanese forces. Over 2,400 Americans died due to this attack and another 1,000 ended up being wounded. On December 7th, 2017, Delaware Military Academy brought a number of cadets who showed their respects by participating

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in this annual ceremony that took place in Newport at St. James Episcopal Church. The people involved in the ceremony took a heartbreaking situation turned it into a day of congregation, remembrance and gratitude for those who have fallen and continue to fight for our country.

Op/Ed Column: Our Un-Invention

By: Erin Walsh and Kaylee Taylor

The world we live in today is full of 24 hour access to the latest stories and events. I can't tell you how many countless times that I have heard of something in progress, checked it on my phone and absorbed "facts" about the latest catastrophe only to figure, that my new knowledge is full of misconceptions, and false conclusions. Not only is that completely annoying but this causes many hardheaded people to have made up their minds about topics that have underdeveloped understandings about what really happened.

If I could uninvent one thing, it would be 24 hour news broadcasting. It would be incredibly nice to be able to hear about the latest event and not have to worry about reporter's slap dashing an article together in order to be one of the first companies with news about the groundbreaking topic. Without it, accuracy would go up greatly and the world we live in would be a much more correctly informed society. This would also cut down confusion because news reports would not be as rushed and the readers would be reading relevant information that they need. Usually the first information that a person hears about a topic will stick with their minds and hearing false information first divides people on knowledge. There would be less debate about current situations and people would be more likely to get similar and correct information. Not only is 24 hour news broadcasting spreading misconceptions, but with the misconceptions, comes panic. Something that seems like a huge story or big problem at initial glance may actually be a complete misunderstanding and has little

reason for worry. However, when the first news report comes out, all that get displayed is all the reasons for people to worry. If the news broadcasters did not rush their articles, they would have more pieces of the puzzle, and know if there is a reason to worry causing people to act appropriately.

Personally, I feel that I would be much more informed on current events. Though I wouldn't be getting information as soon as it happens, the information I received at a later time would be enriched with more facts about the events and any blatantly false information would most likely have been debunked. I would much prefer to hear facts later than lies and untrue claims now. If only we could "un-invent" 24 hour news coverage, I feel the world would be a more appropriately informed place.

Veterans Breakfast

By Kaylee Taylor and Matthew Drejza

At the Delaware Military Academy we celebrate Veterans Day by having a breakfast to show the appreciation for our retired service members. It has a big significance because it honors all the brave men and woman, living and dead, who have fought America's battles. Also to recognize those who continue to serve for our country today. This breakfast took place at Five Point's Fire Hall down the street from DMA. Americans are encourage to say "thank you" to those who fulfill this patriotic duty that maintains our freedom in this country. It's a celebration to honor the veteran's for their patriotism, love of this country, and willingness to serve and sacrifice for the common good.



Each military branch flag shown in respect at the Veterans' Breakfast.

Inspirational Quotes!

By Erin Walsh

“Success is not final, failure is not fatal: it is the courage to continue that counts.”

– *Winston Churchill*

“Oh yes, the past can hurt. But you can either run from it, or learn from it.”

– *Rafiki, from the Lion King*

“How do you spell love? (Piglet) You don't spell love. You feel it. (Winnie-the-Pooh)”

– *Winnie-the-Pooh (A. A. Milne)*

Recipes

By Kayla Twaddell and Kaylee Taylor

Lemon Pasta with Chicken

Ingredients

- 1 pound of dried penne
- 2 chicken cutlets
- Salt
- Pepper
- 3 cloves of garlic, sliced
- ¼ teaspoon of red pepper flakes
- 3 tablespoons of olive oil
- 2 lemons, juiced

Directions

1. Cook the pasta in a large pot of boiling water, until al dente. Drain well.
2. Season chicken with salt and pepper. Heat a large grill pan over medium high and add chicken. Grill until golden and completely cooked. Remove to a plate and slice.
3. Add the garlic and red pepper flakes to a sauté pan with olive oil and sauté until fragrant. Add the cooked pasta and turn heat off. Mix all together.
4. Remove pasta to a large bowl. Add chicken to the warm pasta and season with salt and pepper. Add lemon juice and mix



Hamburger Stroganoff

Ingredients

- 1 (16oz) package of egg noodles
- 1 pound of ground beef
- 1 packet of dry brown gravy mix
- 1 (8oz.) package of cream cheese
- 1 (6oz.) can of chopped mushrooms
- ½ cup of milk
- 1 (8oz.) container of sour cream
- 2 cans of cream of mushroom soup

Directions

1. Bring a large pot of lightly salted water to a boil. Add egg noodles and cook for 8 to 10 minutes or until al dente; drain.
2. In a skillet over medium heat, brown the ground beef until no pink shows, about 5 minutes.
3. Mix brown gravy, cream cheese, and mushrooms with hamburger, stirring until cream cheese melts. Add milk, sour cream, and mushroom soup to cooked pasta. Blend hamburger mixture with pasta.



Creative Corner...

Elements: A Narrative

By Keith Jewell

Well, so much for a normal, peaceful day. Summer goes missing, Alex is still nowhere to be found, and Ace and I get into a fight over whether or not we should leave on our own and search for them. Okay, getting into a fight with him isn't exactly all that new... regardless, the day's almost over, so hopefully once I get home I can get some rest. While continuing my walk home, however, I notice that it's gotten rather hot all of a sudden, and the air smells strangely like smoke. I really hope that does not mean what I think it does. I pick up my pace, running up the large hill separating my home from the rest of the village. When I get to the top, I see my fear realized. My house is burning, flames slowly turning the entire thing to ashes in a matter of seconds. The only things left are a strange wooden sword, and a mysterious hooded man. The flames are out as soon as the house is complete ashes. I dash down the hill, stopping in front of the man. "Who are you? What happened here?" He doesn't answer, or even move. "Did my parents make it out?" Still no answer. He turns around, but his face is covered by a pitch black mask. I'm not even sure how he can see. "You are their other son... interesting," the man starts speaking, but I can barely understand him. "They never got around to training you, did they? I don't sense any threat from you. I should be rid of you now, before you become a threat." I start backing away, but right behind me is the sword - floating behind me. I grab the handle, and flames begin flying out of it. It seems to move on its own, moving my arm to slash at the man, who simply holds up his arm, a wall appearing in front of him, blocking the attack. The wall... is so odd though. I can't even see it, I can only feel it blocking the blade's attack. "Of course he would leave *that* sword." He sighs, holding up his arm again. "I will just have to kill two birds with one stone... *Blank Sword.*" He grabs... something. It

looks like he's simply grabbing the air, but when the sword in my hand makes me slash upwards, I can tell I blocked a deadly attack. Slashing left, right, up and down, blocking attack after attack. Finally, the man seems fed up with my sword. He opens his hand, holding it up to me, shouting "*Blank Flame!*" It's getting hot again... he's doing what he did to my house again. Before it can hit me, however, I notice out of the corner of my eye something bright seeming to come this way. I look at it, and it seems like a lightning bolt coming towards us at very high speed. It crashes down right in front of me, leaving another man in its place standing between the other man and me. The new arrival grabs my arm and simply says to trust him before a ball of blue lightning surrounds us, and at high speed, begins *flying* away into the sky.

Advice Column: **Mental Health** **Awareness**

By Sarah Webb

We, as a society, never seem to talk about mental health enough. Often times it's swept under the rug, forgotten about. In schools, especially. The Seahawk family tragically lost a cadet last year, as well as this year. "Approximately **20** percent of teens experience depression before they reach adulthood, and between **10 to 15** percent suffer from symptoms at any one time. Only **30** percent of depressed teens are being treated for it. Some teens are more at risk for teen depression and suicide than others," according to Therese J. Borchard of Psych Central

Depression, anxiety, or any other mental health disorder can affect anyone, at any age, no matter their situation. Suicide is a *real life problem* that we face every day. Yet, it's still not spoken about as often as it should be. What needs to be realized, is that by talking about it, there could be

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lives saved. You never know what the people around you are going through, you'll never know about the demons inside their heads they face.

As someone who struggles with depression and anxiety, I know it feels so much better to be able to relate to someone who goes through something similar. Although, feeling better does not always come easily when living with mental health issues. All I can really say is, what I beg of everyone who reads this, is to keep your eyes open. People who are struggling may hide their pain behind smiles and laughs in school and around friends. Be gentle to one another, be kind, and understand the severity of mental health disorders before it's too late. Be a friend, save someone's life.

Seniors' College Application Process

By Cody Nicholson

Applying for college is a daunting task, which takes hours of your time and patience. This is the next big step in the lives of many high school students however many do not know what they are looking for in a college. We asked a few of the seniors what they are looking for in a college. Do they want a large college with fifty-thousand students, or a small college with only a thousand students? Do they want to go to college close to home, or would they rather explore new areas away from home. Some students such as Jimmy Sidlowski, and Katherine Certesio are looking at service academies and ROTC as options.

I recently talked to fellow cadet Russell Smith about how his college application experience has been going for a student that is as smart as he is it should not be a problem right. Wrong according to Russell it has been a frustrating experience which has tested his patience. Cadet Smith has applied to Cornell University, University of Delaware Honors, West Virginia University, and the University of Tennessee. All extremely impressive institutions which most would be hard pressed to get accepted to. However he has already been accepted to three of those universities, and he is waiting for Cornell. Cadet

Smith's first choice so far is UD, to which he has already been accepted. He is going to school for mechanical engineering which is a challenging major to get into at the University of Delaware and all of the other institutions to which he has applied.

Each cadet's college application process is different, but for Russell Smith it has taken monumental work to gain success. The Scuttlebutt hopes to hear about more stories about the seniors' college application experience as we enter the new year and the acceptance window of time.

2017-2018 Horoscopes

By Emily McKenna and Erika Hoosier

Sagittarius (22 November- 21 December)

2017 is a year wide open with opportunities for Sagittarians. There is plenty of energy that will prompt you to dig in and make tremendous progress. There are also countless doors opening to new, previously unconsidered projects, pursuits, and partnerships. Forget those preconceived notions of what you should do or need to do. This year, you can do just about anything. The Sun-Pluto conjunction in Capricorn in January keeps your attention on career and public pursuits. You're not limited to being intense only about work, though. If you have a creative or other passion, you can get intense about that, too. 2017 starts with Mercury retrograde in Capricorn but the planet goes direct in Sagittarius.

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Work steady but aim high.

The fourth and final Mercury retrograde is entirely in Sagittarius. Saturn spends the year in Sagittarius so Mercury's extra time there in December only improves your grasp on whatever situation is developing around you.

When the Sun enters Sagittarius in November, planets are scattered around the sky. There is a Mercury-Saturn conjunction, however, that sharpens your keen mind and tempers your social activities. The asteroid Ceres is also transiting the Lunar North Node in glorious Leo. Nurturing yourself and your loved ones has never been easier or more satisfying.

Capricorn (22 December-20 January)

It's your year to charge ahead, make bold changes for progress, success, and achieve greater respect in the world. The Sun-Pluto conjunction in January empowers and emboldens you all year long. There are four Mercury retrogrades in 2018 but only the first - seven days in January - will be in Capricorn. Start out in a cautious wait-and-see mode but after January 8, it's full steam ahead. A trine between your planet Saturn and Uranus makes it easier this year to be bold and innovative once you've weighed your many options. As the year begins, a rash of sextiles involving eight planets will keep you connected and in touch with people, enabling you to coolly and calmly relate to them, and to see the magic that surrounds many people and situations.



Family and friends will listen and support you. But it may be love that generates the most progress

for you. Saturn is retrograde in Sagittarius from April until late August. This tones down any over-enthusiasm or rash action. December is super strong when Saturn goes home and enters Capricorn on December 19. On December 21 the Sun enters Capricorn and conjoins Saturn. End the year in high spirits and firm footing for the year to come.

Aquarius (21 January- 19 February)

2018 is a time of great potential and personal growth. Hard work and success are there, too, but your greatest progress may be made internally rather than externally. The Sun-Pluto conjunction in Capricorn that starts 2018 keeps your eye on the material prize. The Mars-Neptune conjunction will keep your loves, ideals, and highest hopes alive. The Moon and Venus are conjoined in Aquarius as 2018 begins, too. Have an easier, warmer rapport with people one-on-one because of this.



When the Sun enters Aquarius, the Moon and Jupiter are conjoined in your Ninth House of expansion and higher learning. In 2018, you will want to learn and understand on a more complex level. A February 10 Lunar Eclipse has the Sun in Aquarius. An August 7 Lunar Eclipse finds the Moon in Aquarius. Emotional issues may rise to the surface at those times. Be kind, big-hearted, and solutions will find you. Your planets, Saturn and Uranus, are incredibly powerful all year. They are trine as 2018 starts. New ideas, fresh projects and people, wisdom, and boldness are all at your fingertips.