



Delaware Military Academy

Medical Indoctrination Information

Dear New Cadet and Parents,

Welcome to the Delaware Military Academy and congratulations on your acceptance!

The Nurse's Office at DMA is referred to as Sick Bay.

In order to comply with state health regulations, and to ensure prompt medical care during an emergency or illness, we need the following items/tasks to be completed prior to attending DMA.

1. Yearly physical examination must be completed on or after April 1 and submitted prior to summer cadet orientation (July 23rd, 2018).
 - a. This is separate/in addition to the athletic physical forms required by DIAA, the NJROTC Health Screening form and NJROTC Standard Release form.
 - b. All immunizations must be up to date and completed including Hepatitis B series, Meningococcal and adult dose Tdap. Documentation must be provided from physician.
2. You must provide documentation of PPD (TB test) or TB risk assessment and it must have been completed within 12 months prior to school entry.
3. Only the school nurse is permitted to give medications during the school day. Cadets are not permitted to self-administer OTC or prescribed medications.
4. Complete the medication consent forms for any prescribed medications.
 - a. Prescription medication must have the pharmacy label on the container.
 - b. Controlled medication must be brought to the nurse by a parent/guardian with the medication consent form. Please note the exact number of pills on the container. A cadet cannot bring in his/her medication.
5. If you desire your cadet to receive OTC medication administration, please complete the non-prescription medication consent form.
 - a. Send all medication in original container.
6. Cadets with a life threatening allergy should provide an Epi-Pen to be kept at Sick Bay.
7. Asthmatics: Provide an asthma action plan from your physician.
 - a. Complete the medication Consent form and provide an inhaler to keep on hand at Sick Bay.
 - b. In order for your cadet to carry his/her inhaler on their person, a physician's note must be provided stating cadet is allowed to carry inhaler on his/her person.

Some things to consider:

Information can also be found at <http://demilacad.org/sickbay.htm>

While your cadet is at DMA, we strive to prepare them for adulthood. This includes their healthcare. If your cadet is feeling ill, they are to report to Sick Bay. The nurse will discuss the plan of care with your cadet. If the cadet is to be sent home, that communication will come from Sick Bay. Cadets are **prohibited** from cell phone use during the school day, which included texting their parents to request to go home when feeling sick. Please advise them to go to Sick Bay when feeling ill. Please do not text your cadet during the school day.

Thank you for your compliance and best wishes for the upcoming academic year.

Paige Dolan, RN, BSN

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