

DELAWARE MILITARY ACADEMY  
**NEW CADET ORIENTATION 2021**

JULY 19-22, 2021 0730-1130

**REPORT IN – DRESS:**

- 1 shirt or tee appropriate for school and for physical training (PT) – exercise
- 1 pair shorts or sweat pants/comfortable pants – appropriate for PT
- 1 pair sneakers for PT – any color
- 1 pair white athletic socks

Haircut (male)

Pony tail or bun (female)

**1 WATER BOTTLE FILLED WITH WATER (MANDATORY) NAME ON BOTTLE!!!**

**Each cadet will be issued a sea bag (large duffel bag) upon arrival!**

- Cell phone – will be placed in sea bag
- Prescription medicine – must be in original bottle – labeled and turned in at the beginning of training. Asthmatics must have labeled inhalers with them.
  - NO watches, rings, earrings, bracelets, visible piercings
  - NO electronic gear, games, I-PODS, etc.
  - NO contraband – i.e. weapons, tobacco products, drugs, etc.
  - NO gum – no chewing gum on campus at any time for next 4 years

**REPORT IN - SUPPLIES – needed on the first day of training**

- Pen or pencil
- Small spiral notebook – with name printed on outside
- Snack – chips, fruit, etc. for mid-morning snack
- Optional – sunglasses, sunscreen

**THE FOLLOWING FORMS MUST BE FILLED OUT AND RETURNED BY 30 JUNE 2021: These items were turned in prior to their physical test.**

- Medical/NJROTC forms (mandatory filled out and signed before training starts)

1) NJROTC Standard Release Form and 2) NJROTC Health Risk Screening Form—these were part of the medical packet of forms from our school nurse.