



Delaware Military Academy

2019 National Blue Ribbon School



DMA's Guidelines/Policy Response to COVID-19

1. As of March 1st, at 6pm, DMA will no longer require mask usage.
2. Those who still want to wear a mask may do so, but the mask will need to be worn properly (covering mouth and nose).
3. School nurses are still required to report COVID cases to DPH. Please still inform the school nurse if your cadet tests positive for COVID.
4. Schools are no longer required to conduct in-school contact tracing.
5. Please report any household positive cases (i.e., parent or sibling).
6. Any cadet or staff member with COVID symptoms should stay out of school until they have tested. Once they have tested and received the results from a lab, a clearance from a healthcare provider, or can provide a positive test date, we can determine return to school date.
7. If we believe, there has been an outbreak in the classroom or sports team, we will then work with DPH to determine the next step.
8. Please refer to the Infograph on the next page that explains the isolation/quarantine process for positive cases and household close contacts.

COVID testing through Quidel

1. Weekly testing will continue through the remainder of the school year on Friday mornings at 830am in the DOME lobby, as long as there is school that day.
2. If your cadet is registered for the weekly testing, they may now test at the Test to Stay sites for any asymptomatic testing. Sunday-Thursday 4pm-7pm
3. [Test to Stay site map](#) Sunday-Thursday 4pm-7pm
4. [Register for testing](#)

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Updated 3/1/22



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Updated Isolation and Quarantine Guidance for the School Settings



Who needs to quarantine?

Who needs to Quarantine: Students and staff who are **household close contacts need to quarantine** as per below. Students and staff exposed to a positive case in the school or other public settings do not need to quarantine from school but are advised to monitor closely for symptoms, consider wearing a mask in public and test on, or as soon as possible after day 5 after exposure.

Calculating number of Days: If you have COVID-19 and have symptoms day 0 is your first day of symptoms. Day 1 is the first full day after your symptoms developed. For asymptomatic cases day 0 is the date of the positive test. For contacts day 0 is the day of the last exposure to the positive case.

TEST
POSITIVE
FOR
COVID-19

ISOLATE – For 5 days, regardless of vaccination status

- Report positive case to school nurse/COVID Coordinator and follow school guidance.
- If unable to wear a mask isolate at home for 10 days.
- **With Symptoms:**
 - 1) You can end isolation **5 days after** symptoms first appeared
 - **IF:** 24 hours with no fever without the use of fever-reducing medications
 - **IF:** Other symptoms of COVID-19 are improving (loss of taste/smell may last weeks and should not delay end of isolation)
 - **AND:** Wear a well-fitting mask for the following 5 days when around others, both at home, and outside-of-the home.
- **Without Symptoms:**
 - **Isolate for 5 days** since your positive COVID-19 test. Wear a well-fitting mask for the following 5 days when around others, both at home, and outside-of-the home.

HOUSEHOLD
CLOSE
CONTACTS

IF YOU:

- Are **up to date*** with vaccines.

OR

- You had a viral-test confirmed case of COVID-19 within the last 90 days **and are asymptomatic.**

***Up to date:** means received all vaccines including 3rd doses for immunocompromised, plus boosters when eligible (5 months after 2nd dose of Pfizer/Moderna or 2 months after J&J)

THEN:

- **No quarantine** is necessary
- **Wear a well-fitting mask for 10 days** around others
- **If unable to wear a mask**, may return to school if participating in Test to Stay days 1 – 10
- Test on day 5 (or as soon as possible thereafter) after your exposure
- If symptoms develop, isolate at home immediately and get a test.

IF YOU:

- Are unvaccinated, or partially vaccinated

OR

- You are **NOT up to date** with vaccines (Includes not getting a booster when eligible)

THEN:

- Stay home (**quarantine**) for **5 days**, and return on day 6:
 - after a negative test on day 5 (or as soon as possible thereafter), and wear a well-fitting mask for next 5 days, or
 - **If unable to wear a mask**, may return on day 6 if participating in Test to Stay days 6 – 10
- Or, remain in school if participating in Test to Stay, and wearing a mask for 10 days
- If symptoms develop, isolate at home immediately and get a test.

** These procedures outline general guidelines, but each case is assessed based on the facts of each unique situation. Design based on document issued by Haines Borough, Alaska: <https://www.hainesalaska.gov/covid19>

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